

# Senior Citizens Day

Four County Career Center is hosting a "Senior Citizens Day" at the school on September 20, 2017. Senior Citizens are invited to join us for a morning of activities and lunch. The activities will start at 10:00 a.m. and conclude at 1:00 p.m.

A total of six exciting activities will be available for the "seniors" to participate in throughout the morning. These include a hand and arm massage by the Cosmetology students; a floral activity led by Floral Design students; creating a winter ornament under the direction of the Interior Design students; a 15 minute senior workout led by the Sports Fitness & Exercise Science students; basic health checks from our Health Careers students; and bingo with prizes for everyone led by Hospitality Services students. The day will end with a complimentary soup and sandwich luncheon prepared by the Culinary Arts Management and Chef Training students under the leadership of Chef Herold.

The Career Center Student Ambassadors will be available to assist you in the activities and guide you throughout the morning.

Call Janet Knierim at 419-267-2267 to register or log into the Career Center website at [www.fourcounty.net](http://www.fourcounty.net) and you can register there. Registrations will be accepted through September 14, so sign up early to ensure your space. Parking will be available in the front parking lot off State Route 34 and enter the building through the front doors.

We look forward to hosting this day and meeting many of the senior citizens in the four county area for a day of activity and fun!